

## Building the Focused High Performance Team ...practical techniques for building & sustaining a high performance team

### Workshop Overview:

**Building High Performance Teams** is a highly experiential one or two-day workshop designed for both team members and team leaders. The foundation of the program is based on the four stages of a team's development and **MMI's** 13 building blocks of high performing teams. The session provides the appropriate leadership, problem solving and teaming tools to help team members and leaders constructively collaborate to move the team quickly through the forming, storming, norming stages in order to achieve a high performing-level of functioning. The workshop provides practical techniques and strategies that will enable participants to return to their team(s) with usable skills that can be applied immediately to a variety of team situations.

### Workshop Objectives:

This workshop will help participants to...

- pinpoint the strengths and weaknesses of their current team(s)
- gain an enhanced awareness into their leadership style and understand how this style impacts on their team's effectiveness
- acquire the necessary insights and tools to effectively start-up teams and get them functioning quickly
- develop the necessary leadership and teaming skills to manage team members' interactions, communications and conflicts in order to maintain a high level of team focus and performance

### Workshop Process:

This workshop uses highly interactive and hands-on learning methods. Participants are actively involved in leading and facilitating teams right from the start.

### Who Should Attend:

**Building High Performing Teams** is designed for anyone who is responsible for leading or facilitating teams or work groups. This includes:

- both new and experienced team leaders, supervisors and managers
- project leaders and/or technical contributors